



Football Medium Term Plans Key Stage One

Key Stage:	KS1	Unit	Football
<u>Prior Learning Required – EYFS Progression</u>			
<ul style="list-style-type: none"> • Show increased control when catching a ball. • Shows increasing control over an object, pushing, passing, throwing, catching, or kicking it. • Moves freely and with pleasure and confidence in a range of skilful ways. • Able to respond to simple instructions, showing a good understanding of safety when using tools and equipment. 			
<u>National Curriculum Links</u>	1a: Master basic movements including running, jumping, throwing and catching as well as developing balance, agility, and coordination and begin to apply these in a range of activities. 1b: Participate in team games, developing simple tactics for attacking and defending.	<u>Pillars of Progression</u>	<ul style="list-style-type: none"> • Development of Motor Competence and Fundamental Movement Skills. • Making safe decisions in contact with equipment and classmates.
<u>Key Unit Objectives</u>	<ul style="list-style-type: none"> • Step 1: To move into space. • Step 2: To move with a ball. • Step 3: To roll, kick, and carry a ball • Step 4: To stop a ball using your foot. • Step 5: To move towards a goal to defend it. • Step 6: To compete against others trying to score. 	<u>Progression</u>	<u>Declarative Knowledge</u>
			<u>Procedural Knowledge</u>
<u>Resources and Equipment</u>	Bean bags, small balls, footballs / soft balls, cones, balls, bibs, hoops	<u>Key Vocabulary</u>	Football, goals, scoring, teamwork, shooting, passing, dribbling, goal, control

Football Medium Term Plans Lower Key Stage Two

Key Stage:	LKS2	Unit	Football
<u>Prior Learning Required – KS1</u>			
<ul style="list-style-type: none"> • Explore different ways to use and move with a ball. Show control of a ball with basic actions. • Send/ pass a ball and successfully catch/stop a ball. • Move fluently, changing direction and speed – with and without a ball. Develop fundamental movement skills, becoming increasingly confident and competent. • Use skills in different ways when playing games. • Recognise space in games and use it to your advantage. • Perform a variety of skills keeping the ball under control. • Participate in team games – showing good awareness of others. 			
<u>National Curriculum Links</u>	2a: Use running, jumping, throwing and catching in combination. 2b: Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending. 2f: compare their performances with previous ones and demonstrate improvements to achieve their personal best.	<u>Pillars of Progression</u>	<ul style="list-style-type: none"> • Continued progress of Motor Competence. • Begin to understand and apply Rules, Strategies and Tactics. • Healthy Participation; making safe decisions and understanding the relationships between physical activity and its effect on the body.
<u>Key Unit Objectives</u>	<ul style="list-style-type: none"> • Step 1: To stop the ball with my feet. • Step 2: To pass the ball with the inside of my feet. • Step 3: To dribble the ball using my feet. • Step 4: To make a standing tackle. • Step 5: To shoot a stationary football. • Step 6: To participate in a group football game. 	<u>Progression</u>	<u>Declarative Knowledge</u>
			<u>Procedural Knowledge</u>
<u>Resources and Equipment</u>	Football, goals, cones, bibs, marker spots	<u>Key Vocabulary</u>	Football, passing, attacking, defending, throwing, control, saving, tackle, scoring, aim, dribbling, turning, direction

Football Medium Term Plans Upper Key Stage Two

Key Stage:	UKS2	Unit	Football
<p>Prior Learning Required – LKS1</p> <ul style="list-style-type: none"> • Move the ball keeping it under control whilst changing direction. • Pass/send a ball with increasing accuracy and at different speeds. Shoot/ score with some success. • Challenge a player in possession of the ball. • Apply basic principles for attacking and defending – finding space (attacking), challenge a player in possession (defending.) • Employ and explain simple tactics in game situations. • Receive a ball under control. 			
<p><u>National Curriculum Links</u></p>	<p>2a: Use running, jumping, throwing and catching in combination. 2b: Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending. 2f: compare their performances with previous ones and demonstrate improvements to achieve their personal best.</p>	<p><u>Pillars of Progression</u></p>	<ul style="list-style-type: none"> • Continued progress of Motor Competence. • Understanding and applying Rules, Strategies and Tactics. • Healthy Participation; making safe long-term decisions and understanding the relationships between physical activity and its effect on the body.
<p><u>Key Unit Objectives</u></p>	<ul style="list-style-type: none"> • Step 1: to pass the ball to team mates in game situations. • Step 2: To dribble the ball whilst under pressure. • Step 3: To defend in a team. • Step 4: To compete in games. • Step 5: To decide on ways to attack when playing games. • Step 6: To decide on ways to defend in games. 	<p><u>Progression</u></p>	<p><u>Declarative Knowledge</u></p> <ul style="list-style-type: none"> • Learn how to evaluate and recognise success. • Understand how physical activity can contribute to a healthy lifestyle. • Choose different formations to suit the needs of the game. • Understand the positions in a team and the roles they play; and choose different formations to suit the needs of the game. • Identify and evaluate parts of your game where you're performing well, and parts that can be improved. • Recognise exercise and activities that help strength, speed and stamina. <p><u>Procedural Knowledge</u></p> <ul style="list-style-type: none"> • Apply basic principles for defending - Defend by marking, covering, and tracking opponents as appropriate. • Use different skills to keep possession of a ball as part of a team. • Develop control whilst performing skills at speed. Change speed and direction to get away from a defender. • Adapt games and activities making sure everyone has a role to play. • Participate in competitive games, modified where appropriate. • Perform skills (e.g. passing) with accuracy, confidence and control whilst developing technique. • Keep possession of the ball when faced with opponents.

			<ul style="list-style-type: none">• Apply basic principle for attacking – Use a variety of tactics to keep possession of the ball.
<u>Resources and Equipment</u>	Footballs, goals, bibs, cones, marker spots.	<u>Key Vocabulary</u>	Passing accuracy, attacking, throw in, dribble, speed, tackle, defending, save, turning, direction.